YOUR JOURNEY. YOUR CHOICE.

Real resources. Real support. Whatever comes next.
No pressure. No judgment. No agenda.

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Carrollton · Franklin · LaGrange · Newnan and regional resources

I am trying to get pregnant

Fertility testing is different from fertility treatment

Carrollton — Tanner Healthcare for Women
770-214-2121 | Ask about an initial infertility evaluation and testing.

Franklin — Heard County Health Department / WIC
706-298-6080 | Ask where to obtain preconception care and a local clinical referral; WIC is not a fertility-treatment provider.

Newnan — Piedmont Physicians OB-GYN
770-400-4510 | OB-GYN office lists infertility among its services.

Atlanta — Emory Reproductive Center
404-778-3774 | Ask about fertility evaluation, IUI, IVF, insurance and costs.

Questions to ask
What tests are useful first? Is treatment necessary? What will this cost?

I think I might be pregnant

Testing, care and room to decide

Pregnancy testing
Home urine tests are sold in pharmacies. If a result is uncertain, contact a clinician for follow-up.

Carrollton — Tanner Healthcare for Women
770-214-2121 | Ask about pregnancy confirmation and prenatal appointments.

Franklin — Heard County Health Department
706-675-3456 | Ask what testing or medical referrals are currently available.

LaGrange — Wellstar West Georgia Medical Center
706-882-1411 | Ask for maternity or OB-GYN referrals.

Newnan — Piedmont Physicians OB-GYN
770-400-4510 | Ask about confirmation and pregnancy care.

You can say
“I may be pregnant. What testing and confidential care options can I access?”

After unprotected sex

Emergency contraception: prevention, not abortion

Plan B and generic levonorgestrel

Available without prescription or age restriction at many pharmacies. Take as soon as possible; best within 72 hours. Stock varies.

Up to five days

Prescription ella or certain IUDs may be options within five days; contact a clinician promptly. Weight and timing may affect which option works best.

Local pharmacies

Ask a pharmacist in Carrollton, Franklin, LaGrange or Newnan about emergency contraception availability.

Important

Emergency contraception does not end an existing pregnancy. FDA: fda.gov/consumers/womens-health-topics/birth-control

I am exploring my options

Abortion care and independent information

Atlanta — Feminist Center
404-728-7900 | Ask about current services, eligibility, costs and appointment availability.

Atlanta — carafem
855-729-2272 | Ask about current medication abortion and in-clinic services.

Atlanta — Planned Parenthood
404-688-9300 | Confirm the particular location and services when calling.

Your existing OB-GYN
Ask if they provide medication abortion or a referral. Not every OB-GYN provides this service; Georgia restrictions apply.

Broader search
abortionfinder.org | Search current providers and rules; confirmed clinics may be outside the immediate West Georgia area.

A note about pregnancy centers
Some offer pregnancy support but not abortion or contraception referrals. Ask about services before visiting.

I am considering adoption

Agencies, rights and independent guidance

Georgia statewide — An Open Door Adoption Agency
800-868-6339 | Ask for local appointments, adoption counseling, placement and consent information.

North Georgia contact — An Open Door
404-382-9341 | Regional contact; confirm coverage for your county.

Broader search
dhs.georgia.gov/child-placing-and-adoption-agencies | Check current Georgia-licensed agencies and compare options.

Questions to ask
What counseling is available? When can consent be given or withdrawn? Can I get independent legal advice?

If you prefer parenting
Ask county DFCS, WIC or your OB-GYN about practical and financial assistance.

I am preparing for birth

Prenatal care, delivery and doula support

Carrollton — Tanner Healthcare for Women
770-214-2121 | Ask about prenatal care and local delivery options.

Franklin — Heard County Health Department
706-675-3456 | Ask for prenatal referrals and local pregnancy resources.

LaGrange — Wellstar West Georgia
706-882-1411 | Ask for obstetric and maternity services.

Newnan — Piedmont Newnan
770-400-1000 | Ask about delivery, classes and maternity care.

Request a birth doula
Ask your maternity team for trained doulas and whether grant-funded, volunteer or sliding-scale services are available. Doulas provide nonmedical support.

I received difficult news

Serious or life-limiting fetal diagnosis

Request a specialist consultation

Ask your OB-GYN for maternal-fetal medicine, genetic counseling, an explanation of the diagnosis, and a second opinion if desired.

Ask about all available care paths

This may include continued pregnancy, neonatal planning, perinatal palliative care, and pregnancy-ending options as legally available.

Request a doula

Ask your maternity team, hospital social worker or perinatal palliative-care coordinator for a trained birth/bereavement doula.

Need help finding a specialist?

Carrollton — Tanner: 770-812-9666; LaGrange — Wellstar: 706-882-1411; Newnan — Piedmont: 770-400-1000. Request an appropriate specialist referral.

I have experienced loss

Miscarriage, stillbirth or infant death

Rachel’s Gift (Georgia statewide)
470-278-1956 | Pregnancy and infant loss resources and support groups; rachelsgift.org.

Request a bereavement doula
Ask your OB-GYN, hospital social worker or bereavement coordinator about trained doulas and free or subsidized support.

Local care
Franklin — Heard County Health Department: 706-675-3456 (referral); Carrollton — Tanner: 770-812-9666; LaGrange — Wellstar: 706-882-1411; Newnan — Piedmont: 770-400-1000.

You may ask about
Medical follow-up, grief support, keepsakes, memorial options, counseling and time to talk.

Memorial and funeral support

Ask directly about pregnancy and infant-loss arrangements

Carrollton — Martin & Hightower Heritage Chapel
770-836-1466 | Ask about arrangements, costs and infant/pregnancy-loss services.

Franklin — Stutts Funeral Home
706-675-3393 | Ask about local memorial, burial or cremation services.

LaGrange — Higgins Funeral Home
706-884-7117 | Ask about infant-loss policies and costs.

Newnan — Higgins Hillcrest Chapel
770-253-4723 | Ask about local funeral and memorial options.

Important
These are funeral-home contact points, not verified specialized infant-loss programs or discounted fees.

I have had my baby

Postpartum recovery and practical support

Carrollton — Tanner maternity services
770-812-9666 | Ask for postpartum follow-up and feeding support referrals.

Franklin — Heard County WIC
706-298-6080 | Food assistance, breastfeeding support and referrals.

LaGrange — Wellstar West Georgia
706-882-1411 | Ask for postpartum or feeding support services.

Newnan — Piedmont Newnan
770-400-1000 | Postpartum care and lactation support; direct numbers on following page.

Georgia Babies Can’t Wait
800-229-2038 | Early intervention for eligible children from birth to age three.

Urgent symptoms
For heavy bleeding, chest pain, fainting, trouble breathing, or other serious symptoms, seek immediate medical care.

Breastfeeding and lactation support

Help with latching, feeding, pumping or milk supply

Carrollton — Tanner Medical Center

770-812-9666 | Ask to be connected to maternity lactation services or a lactation consultant; direct service number not verified.

Franklin — Heard County WIC & Nutrition Center

706-298-6080 or 770-722-0633 | 1191 Franklin Parkway. Breastfeeding support and referrals.

LaGrange — Wellstar West Georgia

706-882-1411 | Ask for current lactation or breastfeeding support availability.

Newnan — Piedmont Newnan lactation services

770-400-3217 (business hours); 770-400-2257 (after hours). Certified lactation consultants and outpatient services.

Ask for an IBCLC

An International Board Certified Lactation Consultant can assess complex feeding concerns. Ask about insurance, telehealth and appointments.

Feeding is personal

You deserve informed, nonjudgmental help whether breastfeeding, pumping, formula feeding or combining methods.

I need practical support

Food, coverage, transport and parenting help

Franklin — Heard County DFCS
706-675-3361 | Ask about Medicaid, SNAP, TANF and other assistance.

Franklin — Heard County WIC
706-298-6080 | Pregnancy and child nutrition assistance and breastfeeding support.

Franklin — Heard County Community Partnership
706-675-5344 | Ask about a resource navigator and community services.

Statewide — Georgia Gateway
gateway.ga.gov | Apply for or manage eligible assistance programs.

Community assistance
Dial 211 for local assistance where available; 211.org.

Personal safety
National Domestic Violence Hotline: 800-799-7233; thehotline.org. Use a safe phone/device if needed.

I need someone to talk to

Listening, counseling and urgent support

Pregnancy decisions — All-Options Talkline
all-options.org | Nonjudgmental peer listening; check current contact details and hours online.

Franklin — Heard County Community Partnership
706-675-5344 | Ask for local counseling and family resource referrals.

Local referrals
Ask your hospital social worker or primary-care office in Carrollton, Franklin, LaGrange or Newnan for licensed counseling, grief or postpartum support.

Immediate emotional crisis
Call or text 988 (24 hours). If there is immediate physical danger, call 911.

More resources and contacts

Additional ways to search

Medication abortion and clinic search
abortionfinder.org | Current provider listings and state rules.

Adoption agency licensing
dhs.georgia.gov/child-placing-and-adoption-agencies

Pregnancy/infant loss
rachelsgift.org

Food and benefits
gateway.ga.gov and dph.georgia.gov/WIC

Health information
Find current information through your clinician and official state/public health resources.

You deserve to be heard

Your journey. Your choice.

Whatever brought you to these pages

Your feelings, questions and circumstances matter. You deserve clear information, compassionate care and the opportunity to talk openly with someone who will listen without judgment.

About this resource

This guide was created as a Stillbirthday community resource project for people navigating fertility questions, pregnancy, birth, loss and postpartum life.

A note about the contacts

Services, eligibility, prices, and laws may change. Please call each organization to confirm its current services. This resource is not a substitute for individualized medical, legal, or mental health advice.

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Your Journey. Your Choice.